

What's in the box?

Everything you need to dye professional quality shirts, except the shirts!

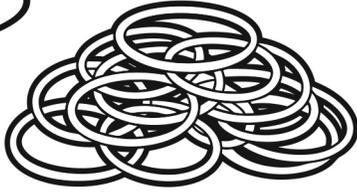
one pair of nitrile gloves



2 bottles of prepared dye



about 20 rubber bands



Dharma Trading Co.
FIBER ART SUPPLIES & CLOTHING BLANKS SINCE 1969

ICE & EASY ICE DYE KIT INSTRUCTIONS



**These dyes are formulated for natural fibers:
100% cotton, rayon, linen, hemp, and silk!**

Need help?

Call (800) 542-5227 or email
service@dharma trading.com
Monday-Friday 8am-5pm PT

WARNING: Causes skin and eye irritation. Avoid contact with eyes, skin, and clothing. Wash hands thoroughly after use. Wear gloves when handling. Keep out of reach of children. Read full instructions and Safety Data Sheet before use. Conforms to ASTM D 4236. For more information, visit DharmaTrading.com.



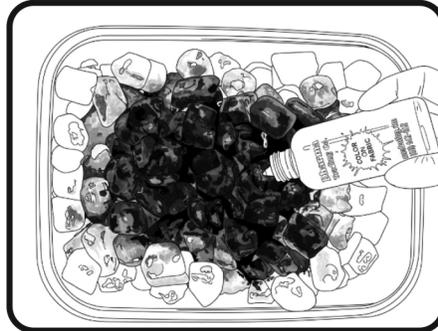
Easy as 1, 2, 3!

1. Create your design



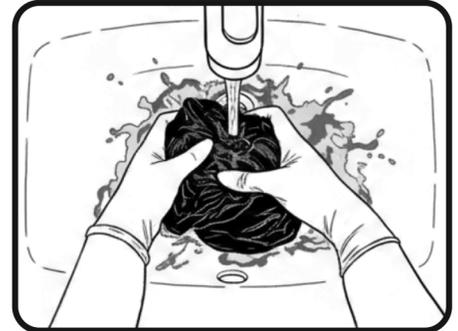
Choose your look! Pick one of the techniques on the back of these instructions to start your design.

2. Cover with ice & dye



Apply at least a full layer of ice to completely cover your garment. Sprinkle the dye powder evenly over the ice, making sure to cover all areas. Let your project sit undisturbed for 24 hours.

3. Wash out your shirt



Rinse your garment with cold water until mostly clear, then wash with detergent on a hot cycle.

ICE DYE FAQ

How much dye should I use?

If you're using the scrunch dye method, one bottle covers about three adult Large t-shirts. For more detailed designs, plan on using one full bottle per adult Large t-shirt.

What can you dye with this kit?

These dyes are formulated for use on 100% cotton, rayon, linen, hemp, and silk!

Rack vs. Muck?

On a Rack - Garments are placed on a raised rack (like a cooling rack or grate) so that the melted dye water can drip through. For rack designs and more intricate folds, you may need to use more ice.

In the Muck - Garments are dyed in a container and left to cure in the melted dye water ("the muck"). It may look murky during the 24 hour waiting period, but trust the process.

Learn more about ice dyeing here!



1. Create your design!

Scrunch



Arrange and scrunch



In a container, scrunch your shirt up however you like.

Pro Tips!

Scrunch: Use balls of foil or wiffle balls to create more dramatic peaks!

Spiral: Keep those folds tidy as you twist! Smooth, even folds give your spiral that classic, sharp swirl.

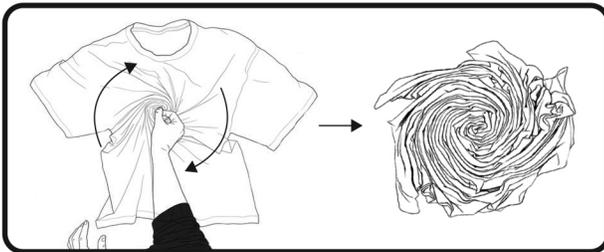
Pleat: Want a fun diagonal pattern? Begin your pleats from one corner and work your way across the fabric.

Roll: Try elevating one end of your project about 15°. This slight incline encourages dramatic directional flow patterns as the ice melts.

Spiral



Arrange and twist



Pinch the center of your dampened shirt and twist until the fabric forms a cinnamon roll shape.

Secure



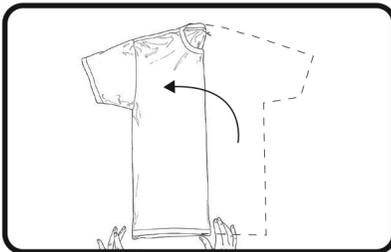
Use rubber bands to divide the fabric into pie slices.

Pleat



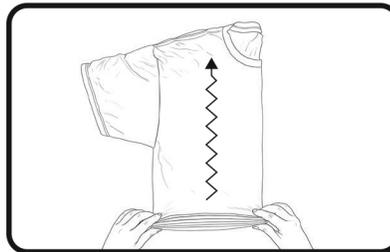
Try this on a rack!

Arrange and fold



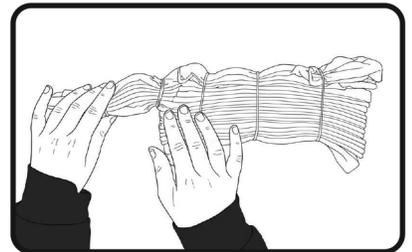
Fold dampened shirt in half vertically.

Fold



Then fold upward like an accordion.

Secure



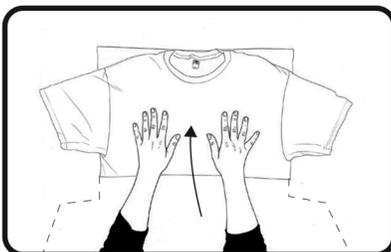
Secure with rubber bands every 2-3".

Roll



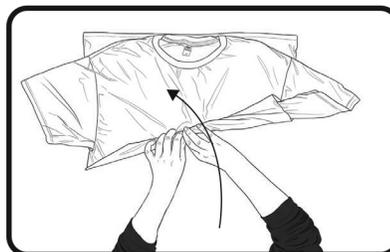
Try this on a rack!

Arrange and fold



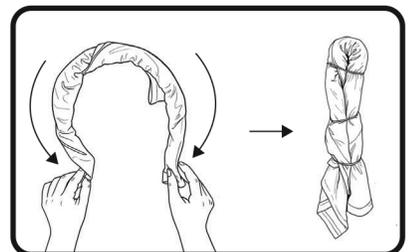
Fold dampened shirt in half horizontally.

Roll



Starting from the middle, tightly roll the shirt at an angle towards the collar.

Secure



Bring the ends together to create an upside-down U and secure with rubber bands.

These are just a few designs, head to DharmaTrading.com to learn more tips, tricks, and techniques!